



These Syrian refugees make me think that maybe the phrase, "A wandering Aramean was my ancestor" was meant to remind the people of where they'd been, and how far they had come.



The First Sunday of Lent

Sunday 9th March

11.00 am

Sung Eucharist

Please don't take photos or videos during the service unless you have consent.
Please be aware that this service may be live-streamed

Collect for Today

**Almighty God,
whose Son Jesus Christ fasted forty days
in the wilderness,
and was tempted as we are, yet without
sin:
give us grace to discipline ourselves in
obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen**

Post Communion Collect

**Lord God,
you have renewed us with the
living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him
who is the true and living bread,
and enable us to live by every
word
that proceeds from out of your
mouth;
through Jesus Christ our Lord.
Amen**

Deuteronomy 26: 1 - 11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Psalm 91: 1 - 11

Luke 4: 1 - 13

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written:

"Worship the Lord your God,
and serve only him."

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written,

"He will command his angels concerning you,
to protect you",

and

"On their hands they will bear you up,
so that you will not dash your foot against a stone."

Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

Our prayers, at this time, are with Alan and for Carole for their speedy recovery

Josie and Pat
Gina
Jason and his Family
Graham
Arthur and Pauline
Colin and Judy
Helen (Muriel's Granddaughter) and her Family
A family in crisis

We pray for all those who are sick in body, mind or spirit and by name



Dorothy
Joshua Manning (Grandson of Jo and Derek)
Penny and Mike
Derek and Jo
Sheila Vince
Sue (Muriel's Niece) and her Family

Lord, send us the gift of peace. We pray for the gift of peace, that hatred may turn to understanding, anger to compassion and horror to hope.



Important collections

Jesus said: "Truly I tell you, just as you did it to one of the least of these who are my brothers and sisters you did it to me."



BBC

1. Babystuff Braintree
0 - 5 clothing and toiletries. See Susan Pedder for more details.
Toothbrushes and tooth paste go very quickly

2. The Wethersfield collection
Clothing for men and boys

Please find boxes in the porch for donations

Holy Communion

Wafers will be offered and the common cup. If you feel uncomfortable about sharing the chalice, receiving the bread alone is not a lesser action.

If you would like a Blessing only, please bring your service booklet to the Altar rail. During this time the choir will be singing. Please do wear a mask if that would make you feel more comfortable.

Protocol concerning the dipping of wafers in the wine: The recommendation from the Church is that we should not dip the wafer as a matter of hygiene. If this at all worries you, please do not hesitate to discuss it with a member of the Clergy.



The Coming Week

Morning Prayer There will be Morning Prayer **on Zoom**

Zoom Meeting ID 884 8189 2518 Passcode cj7500



Other sites for personal prayer are available at:

- <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>
- [Pray-as-You-Go App](#) (free)
- [Northumbria Community Prayers](#)
- [Everyday Faith](#) is the new daily devotional app (free) from the Church of England

March 16th Sung Eucharist **9.30 am**

Second Sunday in Lent

Readings: Genesis 15: 1 - 12; Psalm 27; Luke 13: 31 - end

God of Mission,
Who alone brings growth to your
Church, Send your Holy Spirit to give
Vision to our planning, Wisdom to our
actions, Joy to our worship, And power
to our witness. Help our church to grow
in numbers, In spiritual commitment to
you, And in service to our local
community, Through Jesus Christ our
Lord. Amen.



To Contact Clergy:



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Please see the Website and Newsletter for more information